

Lee Valley/Mt Heslington Circuit

Results -

Rank	Number	Name	Age Group	Speed	Time
A Grade = 34 kms					
1	187	Henry KERSTEN	MM4	39.2	0:51:54
2	24	Warrick SPENCE	MM3	39.2	+0
3	272	Damien CHRISTOFIS	MM1	36.7	+3:34
No Result	481	Jan HAWSZENSIA			
B Grade = 34 kms					
1	299	Cameron BEAUMONT	U19M	38.2	0:53:21
2	10	Mitchell COOPER	SEN	38.0	+17
3	80	Ryno BOTHA	MM4	38.0	+17
4	231	Peter OGILVIE	MM5	38.0	+17
5	164	Matt NEWBERRY	MM2	38.0	+17
6	462	Wade JENNINGS		38.0	+19
7	452	Seamus O'DONNELL		37.9	+21
DNF	45	Dominic FOSTER	MM4		
DNF	210	Cris LOVELL-SMITH	MM2		
C Grade = 34 kms					
1	157	Wayne LEIGHTON	MM6	35.8	0:56:55
2	37	Charlie BROCK	U17M	35.8	+0
3	453	David LOE		35.8	+0
4	311	Karen MACINTOSH	WM5	35.7	+12
5	461	Peter NEWBERRY		35.7	+12
6	136	Warren BORLASE	MM5	35.3	+42
D Grade = 34 kms					
1	253	Dave MACMANUS	MM6	30.7	1:06:18
2	240	Brian SAMUELS	MM9	30.7	+3
3	248	Shane MORETON	MM4	30.7	+3
4	482	Dave DYNAMO		30.7	+3
5	336	Graham VERCOC	MM6	30.7	+3
6	276	Roy COURTNEY	MM6	30.6	+10
E Grade = 34 kms					
1	494	Mikaela MACDONALD		29.4	1:09:10
2	495	Holly WARD		29.4	+0